EXAMPLES OF COURSE TIMETABLES

The classic ITLS course schedule has had lectures in the morning and skills in the afternoon for 2 days. It was originally done this way to follow the example of the ATLS and ACLS courses. The schedule was designed to give the students a break after 4 hours of lectures. The problem with this is that you are teaching skills that will not be covered in a lecture until the second day. Several ITLS chapters have modified the schedule so that all of the lectures are taught the first day, all of the skill stations are taught the second morning, and the second afternoon is spent in testing. Many of the students find this more acceptable in spite of facing 8 hours of lectures on the first day. This schedule also allows you to have fewer instructors the first day. ITLS has taken no stand on this issue, and you may choose whichever schedule works best for you. Samples of both schedules are provided. ITLS may also be offered in a case-based approach. Schedules are available from the ITLS office.

On the following pages, you will find:

- Sample Course Timetable: Advanced Two-Day Course, Lectures Both Days
- Sample Course Timetable: Advanced Two-Day Course, Lectures First Day
- Sample Course Timetable: Advanced Two-and-a-Half-Day Course
- Sample Course Timetable: Basic Two-Day Course, Lectures Both Days
- Sample Course Timetable: Basic Two-Day Course, Lectures First Day
- Sample Course Timetable: Basic Two-and-a-Half-Day Course
Sample Course Timetable: Advanced Two-Day Course, Lectures Both Days

First Day

Sign-In and Collection of Pretests 30 min
Welcome and Introduction 5 min
Standard Precautions 10 min
Scene Size-Up 30 min
Patient Assessment and Management, and Trauma Arrest 45 min
Patient Assessment Demonstration or DVD 15 min
Break 15 min
Airway Management 30 min
Shock Evaluation and Management 30 min
Lunch and Faculty Meeting 60 min
Thoracic and Abdominal Trauma 30 min
Head and Spinal Trauma 30 min
Extremity Trauma 30 min
Skill Stations (30 minutes each) 210 min
1. Basic and Advanced Airway Management
2. Short SMR Devices/Emergency Rescue and Rapid Extrication
3. Traction Splints
4. Helmet Management/Log Roll/Long Backboard
5. Chest Decompression/Fluid Resuscitation
6. Patient Assessment and Management
7. Patient Assessment and Management
Faculty Meeting 30 min
Second Day

- Burns: 45 min
- Trauma in Pregnancy: 30 min
- Trauma in Children: 45 min
- Break: 15 min
- Trauma in the Elderly: 25 min
- Patients Under the Influence: 20 min
- Patient Assessment Scenarios: 60 min
- Lunch and Faculty Meeting: 60 min
- Patient Assessment Scenarios: 90 min
- Practical and Written Examination: 120 min
- Faculty Meeting: 30 min
- Results to Students
### Sample Course Timetable: Advanced Two-Day Course, Lectures First Day

#### First Day

<table>
<thead>
<tr>
<th>Activity</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sign-In and Collection of Pretests</td>
<td>30 min</td>
</tr>
<tr>
<td>Welcome and Introduction</td>
<td>15 min</td>
</tr>
<tr>
<td>Standard Precautions</td>
<td>10 min</td>
</tr>
<tr>
<td>Scene Size-Up</td>
<td>30 min</td>
</tr>
<tr>
<td>Patient Assessment and Management, and Trauma Arrest</td>
<td>45 min</td>
</tr>
<tr>
<td>Patient Assessment Demonstration or DVD</td>
<td>15 min</td>
</tr>
<tr>
<td>Break</td>
<td>15 min</td>
</tr>
<tr>
<td>Trauma in Pregnancy/Elderly Trauma</td>
<td>45 min</td>
</tr>
<tr>
<td>Shock Evaluation and Management</td>
<td>30 min</td>
</tr>
<tr>
<td>Trauma in Children</td>
<td>45 min</td>
</tr>
<tr>
<td>Lunch</td>
<td>60 min</td>
</tr>
<tr>
<td>Thoracic Trauma</td>
<td>30 min</td>
</tr>
<tr>
<td>Head Trauma</td>
<td>30 min</td>
</tr>
<tr>
<td>Airway Management</td>
<td>30 min</td>
</tr>
<tr>
<td>Abdominal/Extremity Trauma</td>
<td>45 min</td>
</tr>
<tr>
<td>Break</td>
<td>15 min</td>
</tr>
<tr>
<td>Burns</td>
<td>45 min</td>
</tr>
<tr>
<td>Spinal Trauma</td>
<td>30 min</td>
</tr>
<tr>
<td>Patients Under the Influence</td>
<td>20 min</td>
</tr>
<tr>
<td>Patient Assessment Demonstration or DVD</td>
<td>15 min</td>
</tr>
<tr>
<td>Faculty Meeting</td>
<td>30 min</td>
</tr>
</tbody>
</table>
### Second Day

- Patient Assessment Demo, Questions and Answers 30 min
- Skill Stations (30 minutes each) 210 min
  1. Basic and Advanced Airway Management
  2. Short SMR Devices/Emergency Rescue and Rapid Extrication
  3. Traction Splints
  4. Helmet Management/Log Roll/Long Backboard
  5. Chest Decompression/Fluid Resuscitation
  6. Patient Assessment and Management
  7. Patient Assessment and Management
- Lunch 60 min
- Written Test 30 min
- Practice and Testing Scenario Stations 120 min
- Faculty Meeting 30 min
- Results to Students
Sample Course Timetable: Advanced Two-and-a-Half-Day Course

First Evening

- Faculty Meeting 15 min
- Sign-In and Collection of Pretests 30 min
- Welcome and Introduction 15 min
- Scene Size-Up 30 min
- Patient Assessment and Management, and Trauma Arrest 45 min
- Patient Assessment Demonstration or DVD 15 min
- Break 15 min
- Patient Assessment Practice 90 min

The students should be divided into groups of six. There should be enough stations set up (4 for a class of 24 or 6 for a class of 36) for each group to watch one patient assessment demonstration and then divide into two groups of three to practice patient assessment.

Second Day

- Sign-In and Coffee 30 min
- Airway Management 30 min
- Thoracic Trauma/Shock Evaluation and Management 60 min
- Spinal Trauma 30 min
- Break 15 min
- Head Trauma 30 min
- Abdominal/Extremity Trauma 45 min
- Burns 30 min
- Lunch and Faculty Meeting 60 min
- Skill Stations (30 minutes each) 150 min
  1. Basic and Advanced Airway Management
  2. Short SMR Devices/Emergency Rescue and Rapid Extrication

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3. Traction Splints
4. Helmet Management/Log Roll/Long Backboard
5. Chest Decompression/Fluid Resuscitation

Faculty Meeting 30 min

**Third Day**

Sign-In and Coffee 30 min
Trauma in Pregnancy/Elderly Trauma 30 min
Trauma in Children 30 min
Patients Under the Influence 20 min
Standard Precautions 15 min
Break and Faculty Meeting 15 min
Patient Assessment Practice and Testing 90 min
Lunch 60 min
Written Test 30 min
Continue Patient Assessment Practice and Testing
Faculty Meeting 30 min
Results to the Students
# TRADITIONAL SAMPLE COURSE TIMETABLES (BASIC PROVIDERS)

**Sample Course Timetable: Basic Two-Day Course, Lectures Both Days**

**First Day**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sign-In and Collection of Pretests</td>
<td>30 min</td>
</tr>
<tr>
<td>Welcome and Introduction</td>
<td>5 min</td>
</tr>
<tr>
<td>Standard Precautions</td>
<td>10 min</td>
</tr>
<tr>
<td>Scene Size-Up</td>
<td>30 min</td>
</tr>
<tr>
<td>Patient Assessment and Management</td>
<td>45 min</td>
</tr>
<tr>
<td>Patient Assessment Demonstration or DVD</td>
<td>15 min</td>
</tr>
<tr>
<td>Break</td>
<td>15 min</td>
</tr>
<tr>
<td>Airway Management</td>
<td>30 min</td>
</tr>
<tr>
<td>Shock Evaluation and Management</td>
<td>30 min</td>
</tr>
<tr>
<td>Lunch and Faculty Meeting</td>
<td>60 min</td>
</tr>
<tr>
<td>Thoracic and Abdominal Trauma</td>
<td>30 min</td>
</tr>
<tr>
<td>Head and Spinal Trauma</td>
<td>30 min</td>
</tr>
<tr>
<td>Extremity Trauma</td>
<td>30 min</td>
</tr>
<tr>
<td>Skill Stations (30 minutes each)</td>
<td>180 min</td>
</tr>
<tr>
<td>1. Basic Airway Management</td>
<td></td>
</tr>
<tr>
<td>2. Short SMR Devices/Emergency Rescue and Rapid Extrication</td>
<td></td>
</tr>
<tr>
<td>3. Traction Splints</td>
<td></td>
</tr>
<tr>
<td>4. Helmet Management/Log Roll/Long Backboard</td>
<td></td>
</tr>
<tr>
<td>5. Patient Assessment and Management</td>
<td></td>
</tr>
<tr>
<td>6. Patient Assessment and Management</td>
<td></td>
</tr>
<tr>
<td>Faculty Meeting</td>
<td>30 min</td>
</tr>
</tbody>
</table>
Second Day

Burns 45 min
Trauma in Pregnancy 30 min
Trauma in Children 45 min
Break 15 min
Trauma in the Elderly 25 min
Patients Under the Influence 15 min
Patient Assessment Scenarios 60 min
Lunch and Faculty Meeting 60 min
Patient Assessment Scenarios 90 min
Practical and Written Examination 120 min
Faculty Meeting 30 min
Results to Students
Sample Course Timetable: Basic Two-Day Course, Lectures First Day

First Day

- Sign-In and Collection of Pretests 30 min
- Welcome and Introduction 15 min
- Scene Size-Up 30 min
- Standard Precautions 10 min
- Patient Assessment and Management 45 min
- Patient Assessment Demonstration or DVD 15 min
- Break 15 min
- Trauma in Pregnancy/Elderly Trauma 45 min
- Shock Evaluation and Management 30 min
- Trauma in Children 45 min
- Lunch 60 min
- Head Trauma 30 min
- Airway Management 30 min
- Thoracic Trauma 30 min
- Abdominal/Extremity Trauma 45 min
- Break 15 min
- Burns 45 min
- Spinal Trauma 30 min
- Patients Under the Influence 15 min
- Faculty Meeting 30 min
Second Day

Patient Assessment Demo
Questions and Answers 30 min
Skill Stations (30 minutes each) 180 min

1. Basic Airway Management
2. Short SMR Devices/Emergency Rescue and Rapid Extrication
3. Traction Splints
4. Helmet Management/Log Roll/Long Backboard
5. Patient Assessment and Management
6. Patient Assessment and Management

Lunch 60 min
Written Test 30 min
Practice and Testing Scenario Stations 120 min
Faculty Meeting 30 min
Results to Students
Sample Course Timetable: Basic Two-and-a-Half Day Course

First Evening

Faculty Meeting 15 min
Sign-In and Collection of Pretests 30 min
Welcome and Introduction 15 min
Scene Size-Up 30 min
Patient Assessment and Management 45 min
Patient Assessment Demonstration or DVD 15 min
Break 15 min
Patient Assessment Practice 90 min

The students should be divided into groups of six. There should be enough stations set up (4 for a class of 24 or 6 for a class of 36) for each group to watch one patient assessment demonstration and then divide into two groups of three to practice patient assessment.

Second Day

Sign-In and Coffee 30 min
Airway Management 30 min
Thoracic Trauma 30 min
Shock Evaluation and Management 30 min
Spinal Cord Trauma 30 min
Break 15 min
Head Trauma 30 min
Abdominal/Extremity Trauma 45 min
Burns 30 min
Lunch and Faculty Meeting 60 min
Skill Stations (30 minutes each) 120 min

1. Basic Airway Management

2. Short SMR Devices/Emergency Rescue and Rapid Extrication
3. Traction Splints
4. Helmet Management/Log Roll/Long Backboard

Faculty Meeting  30 min

Third Day

Sign-In and Coffee  30 min
Trauma in Pregnancy/Elderly Trauma  30 min
Trauma in Children  30 min
Patients Under the Influence  15 min
Standard Precautions  15 min
Break and Faculty Meeting  15 min
Patient Assessment Practice and Testing  90 min
Lunch  60 min
Written Test  30 min
Continue Patient Assessment Practice and Testing
Faculty Meeting  30 min
Results to the Students