

## EXAMPLES OF COURSE TIMETABLES

The classic ITLS course schedule has had lectures in the morning and skills in the afternoon for 2 days. It was originally done this way to follow the example of the ATLS and ACLS courses. The schedule was designed to give the students a break after 4 hours of lectures. The problem with this is that you are teaching skills that will not be covered in a lecture until the second day. Several ITLS chapters have modified the schedule so that all of the lectures are taught the first day, all of the skill stations are taught the second morning, and the second afternoon is spent in testing. Many of the students find this more acceptable in spite of facing 8 hours of lectures on the first day. This schedule also allows you to have fewer instructors the first day. ITLS has taken no stand on this issue, and you may choose whichever schedule works best for you. Samples of both schedules are provided. ITLS may also be offered in a case-based approach. Schedules are available from the ITLS office.

On the following pages, you will find:

- Sample Course Timetable: Advanced Two-Day Course, Lectures Both Days
- Sample Course Timetable: Advanced Two-Day Course, Lectures First Day
- Sample Course Timetable: Advanced Two-and-a-Half-Day Course
- Sample Course Timetable: Basic Two-Day Course, Lectures Both Days
- Sample Course Timetable: Basic Two-Day Course, Lectures First Day
- Sample Course Timetable: Basic Two-and-a-Half-Day Course

**TRADITIONAL SAMPLE COURSE TIMETABLES  
(ADVANCED PROVIDERS)**

**Sample Course Timetable: Advanced Two-Day Course, Lectures Both Days**

*First Day*

Sign-In and Collection of Pretests	30 min
Welcome and Introduction	5 min
Standard Precautions	10 min
Scene Size-Up	30 min
Patient Assessment and Management, and Trauma Arrest	45 min
Patient Assessment Demonstration or DVD	15 min
Break	15 min
Airway Management	30 min
Shock Evaluation and Management	30 min
Lunch and Faculty Meeting	60 min
Thoracic and Abdominal Trauma	30 min
Head and Spinal Trauma	30 min
Extremity Trauma	30 min
Skill Stations (30 minutes each)	210 min
1. Basic and Advanced Airway Management	
2. Short SMR Devices/Emergency Rescue and Rapid Extrication	
3. Traction Splints	
4. Helmet Management/Log Roll/Long Backboard	
5. Chest Decompression/Fluid Resuscitation	
6. Patient Assessment and Management	
7. Patient Assessment and Management	
Faculty Meeting	30 min

*Second Day*

Burns	45 min
Trauma in Pregnancy	30 min
Trauma in Children	45 min
Break	15 min
Trauma in the Elderly	25 min
Patients Under the Influence	20 min
Patient Assessment Scenarios	60 min
Lunch and Faculty Meeting	60 min
Patient Assessment Scenarios	90 min
Practical and Written Examination	120 min
Faculty Meeting	30 min
Results to Students	

## Sample Course Timetable: Advanced Two-Day Course, Lectures First Day

### *First Day*

Sign-In and Collection of Pretests	30 min
Welcome and Introduction	15 min
Standard Precautions	10 min
Scene Size-Up	30 min
Patient Assessment and Management, and Trauma Arrest	45 min
Patient Assessment Demonstration or DVD	15 min
Break	15 min
Trauma in Pregnancy/Elderly Trauma	45 min
Shock Evaluation and Management	30 min
Trauma in Children	45 min
Lunch	60 min
Thoracic Trauma	30 min
Head Trauma	30 min
Airway Management	30 min
Abdominal/Extremity Trauma	45 min
Break	15 min
Burns	45 min
Spinal Trauma	30 min
Patients Under the Influence	20 min
Patient Assessment Demonstration or DVD	15 min
Faculty Meeting	30 min

*Second Day*

Patient Assessment Demo, Questions and Answers	30 min
Skill Stations (30 minutes each)	210 min
1. Basic and Advanced Airway Management	
2. Short SMR Devices/Emergency Rescue and Rapid Extrication	
3. Traction Splints	
4. Helmet Management/Log Roll/Long Backboard	
5. Chest Decompression/Fluid Resuscitation	
6. Patient Assessment and Management	
7. Patient Assessment and Management	
Lunch	60 min
Written Test	30 min
Practice and Testing Scenario Stations	120 min
Faculty Meeting	30 min
Results to Students	

## Sample Course Timetable: Advanced Two-and-a-Half-Day Course

### *First Evening*

Faculty Meeting	15 min
Sign-In and Collection of Pretests	30 min
Welcome and Introduction	15 min
Scene Size-Up	30 min
Patient Assessment and Management, and Trauma Arrest	45 min
Patient Assessment Demonstration or DVD	15 min
Break	15 min
Patient Assessment Practice	90 min

The students should be divided into groups of six. There should be enough stations set up (4 for a class of 24 or 6 for a class of 36) for each group to watch one patient assessment demonstration and then divide into two groups of three to practice patient assessment.

### *Second Day*

Sign-In and Coffee	30 min
Airway Management	30 min
Thoracic Trauma/Shock Evaluation and Management	60 min
Spinal Trauma	30 min
Break	15 min
Head Trauma	30 min
Abdominal/Extremity Trauma	45 min
Burns	30 min
Lunch and Faculty Meeting	60 min
Skill Stations (30 minutes each)	150 min
1. Basic and Advanced Airway Management	
2. Short SMR Devices/Emergency Rescue and Rapid Extrication	

- 3. Traction Splints
- 4. Helmet Management/Log Roll/Long Backboard
- 5. Chest Decompression/Fluid Resuscitation
- Faculty Meeting 30 min

*Third Day*

- Sign-In and Coffee 30 min
- Trauma in Pregnancy/Elderly Trauma 30 min
- Trauma in Children 30 min
- Patients Under the Influence 20 min
- Standard Precautions 15 min
- Break and Faculty Meeting 15 min
- Patient Assessment Practice and Testing 90 min
- Lunch 60 min
- Written Test 30 min
- Continue Patient Assessment Practice and Testing
- Faculty Meeting 30 min
- Results to the Students

# TRADITIONAL SAMPLE COURSE TIMETABLES (BASIC PROVIDERS)

## Sample Course Timetable: Basic Two-Day Course, Lectures Both Days

### *First Day*

Sign-In and Collection of Pretests	30 min
Welcome and Introduction	5 min
Standard Precautions	10 min
Scene Size-Up	30 min
Patient Assessment and Management	45 min
Patient Assessment Demonstration or DVD	15 min
Break	15 min
Airway Management	30 min
Shock Evaluation and Management	30 min
Lunch and Faculty Meeting	60 min
Thoracic and Abdominal Trauma	30 min
Head and Spinal Trauma	30 min
Extremity Trauma	30 min
Skill Stations (30 minutes each)	180 min
1. Basic Airway Management	
2. Short SMR Devices/Emergency Rescue and Rapid Extrication	
3. Traction Splints	
4. Helmet Management/Log Roll/Long Backboard	
5. Patient Assessment and Management	
6. Patient Assessment and Management	
Faculty Meeting	30 min



*Second Day*

Burns	45 min
Trauma in Pregnancy	30 min
Trauma in Children	45 min
Break	15 min
Trauma in the Elderly	25 min
Patients Under the Influence	15 min
Patient Assessment Scenarios	60 min
Lunch and Faculty Meeting	60 min
Patient Assessment Scenarios	90 min
Practical and Written Examination	120 min
Faculty Meeting	30 min
Results to Students	

## Sample Course Timetable: Basic Two-Day Course, Lectures First Day

### *First Day*

Sign-In and Collection of Pretests	30 min
Welcome and Introduction	15 min
Scene Size-Up	30 min
Standard Precautions	10 min
Patient Assessment and Management	45 min
Patient Assessment Demonstration or DVD	15 min
Break	15 min
Trauma in Pregnancy/Elderly Trauma	45 min
Shock Evaluation and Management	30 min
Trauma in Children	45 min
Lunch	60 min
Head Trauma	30 min
Airway Management	30 min
Thoracic Trauma	30 min
Abdominal/Extremity Trauma	45 min
Break	15 min
Burns	45 min
Spinal Trauma	30 min
Patients Under the Influence	15 min
Faculty Meeting	30 min

*Second Day*

Patient Assessment Demo	
Questions and Answers	30 min
Skill Stations (30 minutes each)	180 min
1. Basic Airway Management	
2. Short SMR Devices/Emergency Rescue and Rapid Extrication	
3. Traction Splints	
4. Helmet Management/Log Roll/Long Backboard	
5. Patient Assessment and Management	
6. Patient Assessment and Management	
Lunch	60 min
Written Test	30 min
Practice and Testing Scenario Stations	120 min
Faculty Meeting	30 min
Results to Students	

## Sample Course Timetable: Basic Two-and-a-Half Day Course

### *First Evening*

Faculty Meeting	15 min
Sign-In and Collection of Pretests	30 min
Welcome and Introduction	15 min
Scene Size-Up	30 min
Patient Assessment and Management	45 min
Patient Assessment Demonstration or DVD	15 min
Break	15 min
Patient Assessment Practice	90 min

The students should be divided into groups of six. There should be enough stations set up (4 for a class of 24 or 6 for a class of 36) for each group to watch one patient assessment demonstration and then divide into two groups of three to practice patient assessment.

### *Second Day*

Sign-In and Coffee	30 min
Airway Management	30 min
Thoracic Trauma	30 min
Shock Evaluation and Management	30 min
Spinal Cord Trauma	30 min
Break	15 min
Head Trauma	30 min
Abdominal/Extremity Trauma	45 min
Burns	30 min
Lunch and Faculty Meeting	60 min
Skill Stations (30 minutes each)	120 min
1. Basic Airway Management	
2. Short SMR Devices/Emergency Rescue and Rapid Extrication	

3. Traction Splints	
4. Helmet Management/Log Roll/Long Backboard	
Faculty Meeting	30 min

*Third Day*

Sign-In and Coffee	30 min
Trauma in Pregnancy/Elderly Trauma	30 min
Trauma in Children	30 min
Patients Under the Influence	15 min
Standard Precautions	15 min
Break and Faculty Meeting	15 min
Patient Assessment Practice and Testing	90 min
Lunch	60 min
Written Test	30 min
Continue Patient Assessment Practice and Testing	
Faculty Meeting	30 min
Results to the Students	